ALPHETON PARISH MAGAZINE FEBRUARY 2024



Reflection - Past, Present, Future

Most of us will tend towards one extreme. Some of us like living in the future — planning, saving, and dreaming or worrying about "what it is going to be like". Others of us are happier to live in the past, taking pleasure in memories of people, events, and traditions from the "good old days". I wonder which way you tend? Whereas both planning for the future and having memories are healthy pursuits, we also need to learn how to live in the here and now.

In the sermon on the mount Jesus had compassion on the people who were harassed by life and full of worries. Though he himself had plenty to ponder regarding his past and future, his counsel was not to worry, to trust God, and to let each day worry about itself. This is good advice. I remember once reading that Winston Churchill shared a story about a man on his deathbed who had "a lot of trouble in his life, most of which did not happen!". Let's pause today and spend a moment to simply enjoy being alive, and give thanks for a blessing.

With many thanks to all who have contributed to this magazine which is now distributed electronically (but we are putting some hard copies in the Alpheton phone box).

If you want to receive this into your inbox please send an email to revmattis@gmail.com with the title 'Alpheton Magazine'. I will store your email address on a GDPR-compliant database and will send out an anonymous email with a link for each new edition.

Revd Lawson

ALPHETON PARISH COUNCIL

The Parish Council holds bi-monthly meetings at 7pm in Alpheton Village Hall

Members of the public are welcome to attend

COUNCIL MEETINGS FOR 2024

THURSDAY 25TH JANUARY 2024

THURSDAY 11TH APRIL 2024

Please note that Planning Applications may sometimes require the Parish Council to amend the dates scheduled

If you wish to contact a member of the Parish Council please use the following contact details:

Chair - Madeline Gray 01787 249849 Vice Chair – John Moore 01284 828507

Tim Rix – Webmaster tim@clapstile.co.uk

The Parish Clerk can be contacted at: alphetonpcclerk@gmail.com

Please refer to the Parish website at: Alpheton.onesuffolk.net to view Agendas, records of Minutes and further information

BABERGH

Refuse and Recycling Collection Schedule 2024

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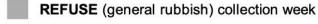
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Refer to the BABERGH Christmas and New Year Waste Collection Schedule 2023-24

Collections following a bank holiday will be a day later than usual for the rest of the week



Please put your bin out by 6.30am

To check for delays and report a missed collection, please visit www.babergh.gov.uk Alternatively, phone 0300 1234 000 (option 4)

SHIMPLING AND ALPHETON WI SPEAKERS REPORT JANUARY 2024

Marion Argent, President, introduced the Speaker for the evening, Sarah Clarke, who came along to talk to us about Suffolk Recycling Centres. Sarah explained that the Company that she works for is FCC Environmental who are contracted by Suffolk County Council to oversee collections and recycling of waste in your blue recycling bins. Sarah told us about the difference in recycling soft plastic, i.e. clear film used over food packaging, which you cannot recycle and hard plastic containers which you can recycle.

Silver foil can be recycled but you must squeeze it into a hard ball the size of a cricket ball so that it is a hard mass, this is to avoid soft pieces of foil escaping in the wind during transportation.

Do not put Tetra cartons into your blue bin, even if there is a recycling symbol on the pack – they are **not** recyclable.

All Recycling Centres accept good quality items for re-use. Please ask a member of site staff or place them in the re-use container. Items will be collected from the site by nominated charities, including The Benjamin Foundation who operate the Re-use Shops at Foxhall and Bury St Edwards Recycling Centres. Sarah also mentioned that there is now no charge on rubble etc. The Recycling Centres will take paint pot tins if the contents are solid but not oil based paint tins.

Everyone really enjoyed the session; Sarah was an excellent speaker, both very knowledgeable and humorous.

SPEAKERS REPORT NOVEMBER 2023

Marion Argent President, introduced the Speaker for the evening, Derek Wilding, who came along to talk about the Suffolk Accident Rescue Service (SARS). It is an emergency medical charity run solely by volunteers which provides advanced pre-hospital medical care at the scene of serious trauma or life-threatening medical incidents throughout Suffolk and its border areas with Norfolk, Cambridgeshire and Essex.

The volunteer responders include Consultants in Emergency Medicine, Anaesthetists and Critical Care Paramedics who are able to carry out advanced procedures at the scene which would normally only be undertaken in a hospital environment. All SARS responders offer their services without cost to the patient, ambulance services or tax-payer. SARS receives no central government funding and relies on voluntary donations. Suffolk and the wider East Anglian region is predominantly rural with long distances between our hospitals. SARS volunteers are based in their local communities and can be the first medical resource on scene, a speed of response which can be crucial in a life-threatening situation.

It was a very interesting slide presentation by Derek and most of us were not aware of this service but it is definitely an organisation that is worth remembering for the future.

Their website is: www.sars999.org.uk Jean Treharne, WI Committee Member

WI Meetings

Meetings are held on the second Tuesday of each month at either Shimpling Village Hall or Alpheton Village Hall starting at 7:30pm

Here are the speakers for the next couple of meetings

February 13th 2024 - Alpheton Village Hall Marina St. Leger will be doing "Strollercise" (low impact movements to 50's/60's music)

March 12th 2024 - Shimpling Village Hall Tim Kipling will give us a "Musical Evening with the Flute"

Come along as a guest and have a taste of what the WI can offer you.

For more information phone: Marion Argent, President on 01284 827074

Film nights at Alpheton Village Hall

Extra session! Monday 29th January 2024 Phantom of the Open



Regular sessions on 2nd Monday of each month:

MON. 12th FEBRUARY 2024 THE LOST KING

In this inspiring true story, amateur historian Philippa Langley believes she has made the archeological find of the century: the lost burial site of King Richard III. She takes on Britain's most eminent historians, forcing them to rethink the legacy of one of the most controversial rulers in English history. Starring Sally Hawkins.



MON 11th MARCH MRS HARRIS GOES TO PARIS (book drama), starring Leslie Manville.

MON 8th APRIL. GLASS ONION: A KNIVES OUT MYSTERY. (whodunnit) starring Daniel Craig.

MON 13th MAY. A MAN CALLED OTTO (book drama) starring Tom Hanks.

MON 10th JUNE. TILL (true drama) starring Danielle Deadwyler, Whoopi Glodberg.

MON 8th JULY. THE FABELMANS (drama) starring Michelle Williams, Paul Dano.

MON 12th AUG. WHAT'S LOVE GOT TO DO WITH IT. (romcom) starring Lily James, Emma Thompson.

Doors open 7.00pm for 7.30 start. Admission price is £4.50, including tea/coffee & biscuits. The bar is open.

ALPHETON VILLAGE HALL NEWS AND EVENTS

The newly refurbished Village Hall has been much admired since it re-opened in October, with a few more enquiries for private hire being made. It is important to develop this angle, to help the flow of income so vital for the Hall's survival.

There is still quite a long 'wish list' of improvements, notably significant items such as external drainage, replacement double doors, etc. These we hope to undertake over the next couple of months.

The 'One-off' event on Remembrance Day in November, showing the film of 'Twelve O'Clock High' together with a talk on Beirne Lay was very well attended and received, especially nice to see fresh faces from the community.

The Friends of Lavenham Airfield have been granted permission by the VH Committee to plant a commemorative oak tree in the grounds, which will be recognized at the Airfield Remembrance day on 26th May 2024, and a special plaque erected.

The Christmas Coffee morning combined with the service for lighting the Christmas tree seemed to work well. Maybe it will become a fixture! The Hall once again hosted a New Year's Eve gathering, there was around twenty attendees.

The film nights continue to be popular. This year's planned showings are detailed elsewhere in the magazine.

Food truck Friday will recommence on the 9th, the second Friday of February with a visit by 'Papas Locas', (means 'crazy fries'). First time in Alpheton so well worth a try! Followed on March 8th by the return of the very popular Thai Food Truck.

Advance notice that Ian Etherton's very popular Quiz night returns on 23rd March.

On the 27th April there will be a Race Night, which promises to be great fun. You will be able to buy a horse of your own, and sponsors for the races are invited. Posters with more information will be distributed shortly, as well as on social media and of course the Village Hall's own wonderful website. Google now tells us we pop up first in searches! Many thanks to Tim Smith for his hard work in achieving this.

The Coffee Caravan will continue to visit on the second Wednesday of every month, now due again on 14th February and 13th March.

We have applied for the grant offered by Babergh District Council as part of an idea to offer a 'Warm Space' to the community during the cold weather. We plan to make the Village Hall available every Wednesday from 10am to 4pm, where residents can enjoy free refreshments and relax in a heated environment. We will call this 'Warm Space Wednesday'. We hope to commence on 31st January, but will confirm. (News just

thisthe grant from BDC is confirmed and due imminently, so the Warm Space We dnesdays can commence next week 31st Jan). If you know of any residents that might not have access to the internet please do let them know.

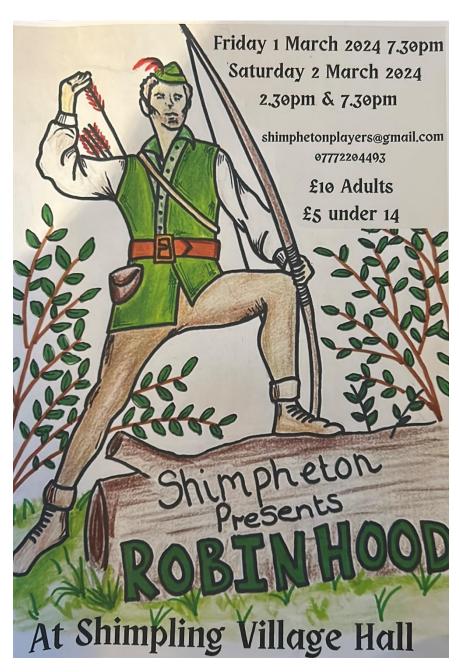
On a slightly different note, we received an invitation to put forward a nomination for James Cartlidge MP Community Champions Award. Accordingly, I nominated Richard Beattie Swann, who in my view deserved recognition for his voluntary efforts over the past 25 years plus, whereby he has spent many hours picking up litter along the A134 and around the village. Plus his kindness in putting the bins out every week for many of the residents in Old Bury Road. The nomination was successful, and we accompanied Richard and his wife Pat to the awards ceremony hosted by James Cartlidge, where Richard duly received his certificate of recognition. Thank you again Richard! Volunteers really do play a huge part in communities, the unsung unpaid heroes, and it is nice when they receive the recognition they so richly deserve.

Julie Moss

Forthcoming Event at Shimpling Park Farm:

Poetry for the Petrified (or mildly apprehensive!) with Mel Greenwood Saturday 23rd March 2024 See

https://www.tickettailor.com/events/shimplingparkfarm/1019748



East Window Restoration at St George's Shimpling

We would like to make you aware of our important project for the forthcoming year. Our historic church, St George's Shimplingthorne needs some repair and restoration, so that it can continue to be a beautiful place of reflection and worship for future generations, and a venue where special memories will be made.



The East Chancel window, (behind the altar) needs to be repaired and restored before it becomes completely irreparable. This is a very important, historic window dating from around 184 2. It is the earliest work in Suffolk by the renowned maker, William Warrington. The window was given in memory of Thomas Hallifax who lived at Chadacre Hall. This stained-glass window is therefore very important and we aim to have it restored to its former glory. The stonework around the window is also in need of repair and replacement both inside and out. We aim to have this repaired at the sam time as the window repairs.

Once we have raised sufficient funds,

the entire project will take around five months to complete and will involve specialist contractors. The estimated cost of the project is £54,000. We will be approaching various charities to help raise this money, but will also be holding some fundraising events throughout the year which we really hope you will enjoy.

We realise that the cost of living crisis is hitting everyone at this time, but if you are able to help in any way we would be extremely grateful. We would love to hear of any new ideas for—fundraising events, any offers of help, or to receive any donations, however small. We are grateful to all those who have donated so far, raising at total of £11,800. If you know of any local businesses who would like to donate to this fund and contribute to a window that will be part of Shimpling history forever, please contact our volunteer project lead Rosemarie Sadler: rosemariesadler99@gmail.com

£54,000 £50,000 £45,000 £45,000 £35,000 £30,000 £25,000 £15,000 £10,000

To donate, scan the QR code with your phone or donate directly to the Alpheton and Shimplingthorne PCC using the following details:

Sort code: 60-04-16 Account number: 56293658

Please include the word WINDOW in the reference, so that we can allocate the donation accordingly.



Church Services

January			
Sun 28 th	4.00pm	Shimpling	Dark Walk at St George's #
	6.30pm	Lawshall	Evening Communion
February			
Sun 4 th	9.00am	Alpheton	Communion
Sun 11 th	4.00pm	Lawshall	Café Church
Wed 14 th	7.00pm	Melford	Ash Wednesday (at St Catherine's)
Sun 18 th	9.00am	Shimpling	Communion
	4.00pm	Melford	Messy Church (St Catherine's) #
Sat 25 th	4.00pm	Holy Trinity	Shine Informal Worship
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March			
Sun 3 rd	9.00am	Alpheton	Communion
	5.30pm	Holy Trinity	Choral Evensong – Bury Cathedral Chc
Sun 10 th	4.00pm	Lawshall	Mothering Sunday Service
Sun 17 th	9.00am	Shimpling	Communion
	4.00pm	TBC	4 o'clock community #
Sun 24 th	4.00pm	TBC	4 o'clock community #
	6.30pm	Holy Trinity	Passiontide Evensong
Thurs 28 th	7.00pm	Holy Trinity	Maundy Thursday meal / service
Fri 29 th	2.00pm	Holy Trinity	Good Friday Devotional Service
Sun 31 st	10.30am	Holy Trinity	Easter Celebration with Baptisms
	6.30pm	Lawshall	Easter Communion

... and at Holy Trinity Long Melford <u>every Sunday at 10.30am</u> (Google 'Holy Trinity Long Melford Facebook' for livestream)

For our 4 o'clock community with family friendly services and events almost every Sun at 4.00pm, contact Nicky on chadbrooklightwave@gmail.com or 07938 681 319 or look the Holy Trinity Website Diary (bottom right of homepage).

For our toddler and youth groups, please contact Pam on 07890 880 976 or melfordfamilyworker@gmail.com.

For more details or info on any changes please contact Vicky on 07804 558160 or chadbrookoffice@gmail.com